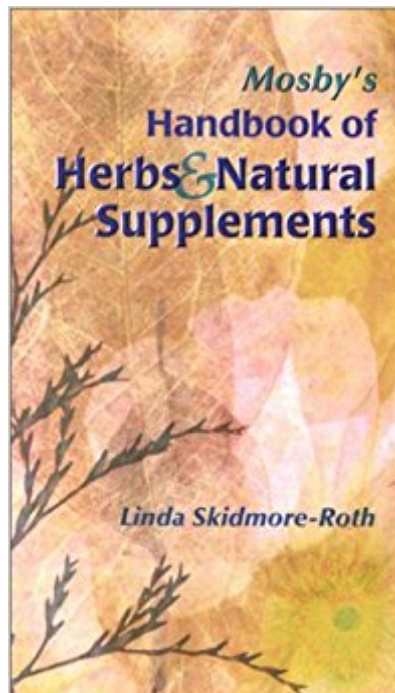




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Mosby's Handbook Of Herbs & Natural Supplements



Synopsis

This essential handbook presents detailed monographs for 270 commonly used herbal products and natural supplements. Arranged in alphabetical order, each monograph incorporates authoritative information on generic names, botanical names, common alternative and trade names, actions, uses, dosages, side effects and adverse reactions, contraindications, precautions, pharmacokinetics, chemical components, and interactions with foods, other herbal products, and with drugs.

Book Information

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Customer Reviews

Linda Skidmore-Roth, RN, MSN, NP, Skidmore-Roth Associates

Not used all that often at work but I figure its a nice addition to my standard drug guide. Same setup as Mosby's regular drug guide, which is convenient. I like how it contains references should one wish to further research various herbs as they have not been tested as extensively as their pharmaceutical counterparts. More for personal education and niftiness than utility, but nice all the same.

good book for all nurses. Alternative medicines are being used more frequently in hospitals because they work.

Fabulous resource! My patients often inquire about different alternative medications/supplements; most of them I am familiar with, however, I am not familiar with which blood testing should be obtained with what supplement, nor with which medications they interact majorly with. In addition, it tells the common dose used for the supplements depending on for what reason.

Absolutely fab. book, gives you current medical information, describes the studies used, and everything you want to know about herbs and supplements. Was very helpful in nursing school as now we are required to learn about 100 herbs in case of disaster. This gives you accurate medical information without all the new age hype,incl. contraindications, dosing, etc.

This handbook is complete in everything. it is very compressive. All descriptions, client considerations, uses, actions and contraindications are technically and scientifically support. it is amassing book for everyone.

Recommended by a friend. Newest edition very expensive, but this edition still has much good information.

AMAZING resource. I recommend this book.

Needed it for CEU's.

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